

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Calendar Legend

RR– Rainier Room– 1st Floor
DR– Dining Room– 1st Floor
CC– Community Center–
2nd Floor
HC– Health Club– Downstairs
BR– Billiards Room
**BOLD & BLACK— We're
Leaving on the Bus!**



Be A Part of A Live Studio Audience!

Seattle Talk Show:
New Day Northwest
wants YOU in
the audience!

Wednesday July 22nd!
Bus leaves at 8:30am



1

9:00 Happy Hands RR
9:45 Beginning Balance HC
10:30 Advanced Balance HC
11:00 Trip to the Dollar Store
1:30– 5:00 Doctors Visits
3:30 Happy Hour and Live
Music with Ron Herring! RR
7:00 Bingo RR

2 Glee Wolf's Birthday!

9:00 Water Works in the Pool
10:30 Strength for Life HC
**11:00 Trip to Super Supplements for Dis-
count Vitamins!**
11:00-12:00 Wellness Clinic 2nd Floor
Nurses Station
1:30 Scenic Drive!
**3:00 Independence Day Celebration
with Eleanor Roosevelt Impersonator**
7:00 Movie Night in the Theater

3 Jack Balkenhol's Birthday!

1:00 Mexican Train
Dominoes CC
2:00 Card Games RR
3:30 Billiards in the Break
Room

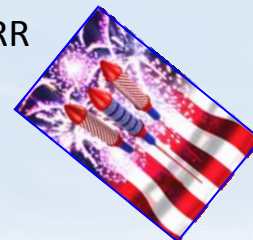
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Happy 4th of July!

10:00 Catholic Community
Service CC
1:00 Church Service with
Father Pete in the CC
1:30 Bridge Game
2:00-5:00 Family Swim
7:00 Movie in the Theater!

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1:30 Documentary in the
Movie Theater!
2:30 Men's Poker BR
3:15 Coffee, Cookies, and
Show off Your Pet! We
love the Pets of the
Chateau! RR



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9:00 Happy Hands RR
9:00-12:00 Foot Care Clinic in the
4th Floor Wellness Clinic
9:30-12:00 Doctors Visits
9:45 Beginning Balance HC
10:30 Advanced Balance HC
**1:30 Grocery Shopping at Fred
Meyers!**
3:15 Bingo CC
7:00 Pinochle RR

7

9:00 Water Works in the
Pool
**9:30-12:00 Doctors
Appointments to Seattle**
10:30 Gentle Yoga HC
**4:30 Mariners
Game!**
7:00 Bible Study CC

8

9:00 Happy Hands RR
9:45 Beginning Balance HC
10:30 Advanced Balance HC
**11:00 Trip to Joann's
Fabrics!**
1:30– 5:00 Doctors Visits
**1:30 Meet 'n' Greet with Rev.
Winbush— Come chat if you are
interested in being part of a
Bible Study! RR**
3:30 Happy Hour and Live Music
with Doug Deems! RR

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9:00 Water Works in the Pool
10:30 Strength for Life HC
**11:00 Men's Lunch at Stan's BBQ
in Issaquah**
1:30 Scenic Drive!
**3:15 Bill Yaguchi Bothell Farm
Slideshow! RR**
7:00 Movie Night in the Theater

10

1:00 Mexican Train
Dominoes CC
2:00 Card Games RR
3:30 Billiards in the
Break Room

11 Doris Meyer's Birthday!

10:00 Catholic Community
Service CC
1:00 Church Service with
Father Pete in the CC
1:30 Bridge Game
2:00-5:00 Family Swim
3:00 Non-Denominational
Church Service CC
7:00 Movie in the Theater!

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9:10 Water Works in the
Pool
10:30 Strength for Life
HC
**11:00 Trip to
Snoqualmie Casino!**
2:30 Men's Poker BR
3:30 Brain Aerobics CC

**13 Dolly Jordan's and Wally
Wiemann's Birthday!**

9:00 Happy Hands RR
9:30-12:00 Doctors Visits
9:45 Beginning Balance HC
10:30 Advanced Balance HC
**1:30 Grocery Shopping at
Safeway on Benson!**
3:15 Bingo CC
**3:30 Leisure Estates Choral
Performance RR**
7:00 Pinochle RR

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9:00 Water Works in the Pool
10:30 Gentle Yoga HC
11:00 Trip to Costco!
1:00-3:00 Avon Representative
Here! RR
**1:15 Boehm's Chocolate
Factory Tour in Issaquah! \$4**
7:00 Bible Study in the 2nd
Floor Movie Theater

15



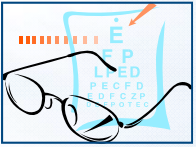
9:00 Happy Hands RR
9:45 Beginning Balance HC
10:30 Advanced Balance HC
11:00 KCLS Travelling Library
1:30– 5:00 Doctors Visits
**2:00 It's National Ice Cream Cone
Day– Trip to Dairy Queen for Ice
Cream!**
**3:30 Happy Hour and Live
Music with Randy Rogers! RR**
7:00 Bingo RR

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9:00 Water Works in the Pool
10:30 Strength for Life HC
11:00-12:00 Wellness Clinic 2nd
Floor Nurses Station
**10:30 Walk Along the Cedar
River!**
**1:30 Scenic Drive for Memory
Care and All!**
7:00 Movie Night in the
Theater

17 HJ Olson's Birthday!

1:00 Mexican Train
Dominoes CC
2:00 Card Games RR
3:30 Billiards in the
Break Room

<p>18 <i>Phoebe Rosser's Birthday!</i> 10:00 Catholic Community Service CC 1:00 Church Service with Father Pete in the CC 1:30 Bridge Game 2:00-5:00 Family Swim 7:00 Movie in the Theater!</p>	<p>19 9:30-12:30 Doctors Appointments to Bellevue 11:00 Trip to Trader Joes! 1:30 Walk at Coulon Park! 2:30 Men's Poker BR 3:30 Brain Aerobics CC 4:30 Dinner Out At Anthony's Homeport in Des Moines!</p>	<p>20 9:00 Happy Hands 9:30-12:00 Doctors Visits 1:30 Grocery Shopping at Fred Meyers! 3:15 Bingo CC 3:15 Renton Farmer's Market! 7:00 Pinochle RR</p>	<p>21 8:30 Be In A Live Studio Audience for New Day Northwest (a Talk Show on Channel 5!) Yes, it's early but you'll be on TV!!! 9:00 Water Works in the Pool 10:30 Gentle Yoga HC 1:30 Trip to the Library! 2:00 Bocce Ball on the South Lawn 3:15 July Birthday Party!!! 4:45 White Bib Dinner in the RR!!! 7:00 Bible Study CC</p>	<p>22 9:00 Happy Hands 9:30-10:30 Travelling TechLab: All About the Internet! 10:00 Catholic Mass CC 11:00-12:00 Travelling TechLab: All About the Internet! 1:30- 5:00 Doctors Visits 3:00 Seminar on Identity Theft: How to Protect Yourself by Ameriprise Financial RR</p>	<p>23 10:00 Starbucks Coffee Trip! 11:00 Ladies Lunch at The Red House in Renton! 1:30 Scenic Drive! 3:30 Happy Hour with the Hanky Panky Band! RR 7:00 Movie Night in the Theater</p> 	<p>24 <i>Gail Tucker's Birthday!</i> 1:00 Mexican Train Dominoes CC 2:00 Card Games RR 3:30 Billiards in the Break Room</p>
<p>25 10:00 Catholic Community Service CC 1:00 Church Service with Father Pete in the CC 1:30 Bridge Game 2:00-5:00 Family Swim 3:00 Non-Denominational Church Service CC 7:00 Movie in the Theater!</p>	<p>26 9:10 Water Works in the Pool 10:30 Strength for Life HC 11:00 Trip to Saltwater State Park with Boxed Lunches! 2:30 Men's Poker BR</p> 	<p>27 9:00 Happy Hands RR 9:30-12:00 Doctors Visits 9:45 Beginning Balance HC 10:30 Advanced Balance HC 1:30 Grocery Shopping at Safeway and Bartell's in Fairwood! 3:15 Bingo CC 3:15 Coffee, Cookies, and a Game of Speed Scrabble in the RR 7:00 Pinochle RR</p>	<p>28 9:00 Water Works in the Pool 10:30 Gentle Yoga HC 10:30 Morning Scenic Drive! 3:30 Happy Hour and New Music! Hank Blumenthal– Banjo and Clogging! RR 7:00 Bible Study CC</p>	<p>29 <i>Sue Veith's Birthday!</i> 9:00 Happy Hands RR 9:45 Beginning Balance HC 10:00 Brunch Out at IHOP! 10:30 Advanced Balance HC 1:30- 5:00 Doctors Visits 3:30 Seminar: Seeing Well As You Grow Older with Dr. Gelt of Clearvue Vision Clinic. Free Vision Screenings to Follow! RR 7:00 Bingo! RR</p> 	<p>30 <i>Dar Hawley's Birthday!</i> 9:00 Water Works in the Pool 10:30 Strength for Life HC 11:00-12:00 Wellness Clinic 2nd Floor Nurses Station 11:00 Trip to Banks and Post Office! 1:30 Scenic Drive! 3:15 Coffee, Cookies, and a Game of Uno! 7:00 Movie Night in the Theater</p>	<p>31 <i>Rocky DiJulio's Birthday!</i> 1:00 Mexican Train Dominoes CC 2:00 Card Games RR 3:30 Billiards in the Break Room</p>

Don't Miss Out On These July Events

- July 2 Independence Day Party– Eleanor Roosevelt Impersonator and Root Beer Floats!
- July 7 Mariners Game in a Suite! Bus leaves at 4:30!
- July 13 Leisure Estates Choral Performance at 3:30 in the Rainier Room!
- July 14 Tour of Boehm's Chocolate Factory in Issaquah! \$4
- July 21 Be in the Live Studio Audience of Seattle Talk Show New Day Northwest!!!
- July 21 White Bib Dinner in the Rainier Room!
- July 22 Seminar on Identity Theft: How to Protect Yourself
- July 26 Trip to Saltwater State Park and Picnic Lunch!
- July 28 New Music at Happy Hour– Banjo Music and Clogging!
- July 29 Seeing Well As You Grow Older Seminar with Dr. Gelt of Clearvue Vision Center, Free Vision Screenings too!

Look For These Fabulous Events In August

A Trip to Rebecca's Urban Farm!

Annual Chateau Party: Caribbean Themed– Get ready for Parrots, Pirates, and Pillaging for Treasure! August 14th!

Volunteer Opportunity with Lifelong Aids Alliance!

JULY 2010